



UPDATE: If you would like to sponsor me in aid of the 19th Scouts then see the sponsor slip below.

Pleased to announce that I completed 22 miles on the Trek yesterday, equalling my total from last year but over a much hillier course.

The 3.5 mile drop down from Tow Law on the hilltop to Wolsingham in the valley below was a good warm up for the day, unfortunately this was followed by the massive uphill climb past St John’s hall and a battle into the teeth of the gale across Pikestone Fell and on into Hamsterley.

After lunch we set off in the rain up through Hamsterley Forrest, past the mountain bikers, out on our way up to Woodland where the grey day hit the view of the coast possible in clear weather. Down to Butterknowle now in the sunshine and then the final big climb of the day up to Cockfield Fell before dropping down through to Evenwood. On through the Gaunless Valley along some of the old railway paths into West Auckland and finally to the edge of Bishop Auckland at Tindale.

After a brief rest I still had the energy to make the most of the playground at Tindale Crossing before heading home to a big plate of chips before a bath and then bed.

Joseph

Hi,

My name is **Joseph Cowey**, I am 10 and I’ve been a member of the **19th** for five years (Beavers, Cubs and Scouts).

For the last 3 years I have done a local sponsored walk to raise money for good causes including Children in Need, a local school’s new climbing frame and my football team. Last year this also formed part of my “Community Challenge Badge” which was part of the “Silver Scout Award” I achieved.

This year I am trying to raise funds for our Scout group. Sainsbury’s are matching sponsorship up to £200 in total.

The walk each year is approximately **26 miles in one day. Last year was my personal best and I completed 22 miles.** My aim is to equal if not better that this year, though the walk this Sunday is a very hilly route **from Tow Law to Bishop Auckland.**

If you would like to sponsor me please fill in the slip below and return it to Scouts/Cubs/Beavers

Your Name	Scout Member’s Name	£/p per mile	£ Total	Paid ✓

Profile of the Walk

